



## PE POLICY

<b>Presented to</b>	<b>Date</b>	<b>Signature</b>
Governing Body	Spring Term 2017	(Head) L Blackmore (Chair)
Senior Leadership	Spring Term 2017	
Staff Team	Updated 15/02/17 Miss J Swingler	(Head)
Review Date	Spring Term 2020	(Head) (Chair)

## **Introduction**

Ryders Green believes that physical education that is experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. The physical education curriculum aims to provide for pupils' increasing self confidence through an ability to manage themselves successfully in a variety of situations.

A balance of individual, team, cooperative and competitive activities aims to cater for individual needs and abilities. Lessons are based on progressive learning objectives which, combined with varied and flexible teaching styles endeavour to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

At Ryders Green we aim to promote an understanding of the many benefits of exercise through a balanced range of relevant activities. Physical education is considered as a vehicle to facilitate access to cross curricular themes, skills and dimensions, rather than a subject concerned exclusively with the acquisition of motor skills and techniques.

## **Aims**

We aim to provide High Quality PE in our school. We want to ensure our children are:

- Committed to PE, both in and out of school.
- Able to understand what they are trying to achieve and are aware of the steps they need to carry out in order to achieve something.
- Able to understand that PE and sport are an important part of a healthy, active lifestyle.
- Confident and comfortable to get involved in PE.
- Able to have the skills and control that they need to take part in PE.
- Willing to take part in a range of competitive, creative and challenge-type activities, both as individuals and as part of a team.
- Considering and evaluating what they are doing and make appropriate decisions for themselves.
- Showing a desire to improve and achieve in relation to their own abilities.
- Able to have the stamina, suppleness and strength to keep going.
- Enjoying PE, school and community sport.

## **Promoting British Values in PE at Ryders Green**

*At Ryders Green we ensure we prepare pupils positively for life in modern Britain and promoting the fundamental British values.*

## **Role of the Coordinator**

The role of PE coordinator involves:

- Working effectively with the School Sports Coach to meet and discuss assessment, schemes of work and to ensure the smooth running of PE throughout the school.
- Supporting colleagues with the different aspects of the curriculum.
- Maintaining and replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with the assessment of PE.
- Monitoring the teaching of the subject.
- Attending meeting and courses which will inform future development of PE and ensure other staff are aware of courses that may benefit their teaching and understanding of PE.
- Ensuring the children have the opportunity to become involved in extra curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group
- Providing the children with the opportunity to take part and get involved in competitive sport both individually and within a team to increase confidence and further develop skills and experience.

## **Organisation**

The curriculum in this subject has been organised to ensure that children in both key stages have access to all areas specified in the National Curriculum and go beyond its statutory requirements. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

### **Health and Fitness**

All children have access to two hours of Physical Education each week. In addition to this, equipment and activities are available for the children at dinnertime each day and are led our qualified sports coaches and lunchtime supervisors, which is very popular with the children. As a school, we promote health and fitness through all areas of the curriculum and encourage children to bring healthy choices for snack and lunchtime.

### **Planning**

The Physical Education curriculum covers all areas of activity as suggested by statutory guidelines. At Ryders Green we have invested in the sports coaching company – Aspire, in which we have purchased into their structured Physical Education scheme. Lesson plans and assessment are provided with the scheme that ensures all our children’s needs are met.

### **Curriculum Organisation**

Each year group is timetabled for two hours of physical activity each week. Children from Year 2 to Year 6 now attend the local swimming pool for leisure sessions. Risk assessments from the Local Authority Swimming Pool must be followed at all times.

### **Teaching Methods**

All lessons throughout the school are taught as class groups. Lessons are taught by the Sports Coach, Class Teacher or a HLTA will take the lesson following the teachers planning. Swimming lessons are always taught by a specialist swimming teacher at the local swimming pool and supported by another member of staff.

### **Collaborative Learning**

Children will utilise collaborative learning strategies as part of the everyday learning and teaching process. This is put into place by the use of different KAGAN structures that is used in all subjects throughout the whole school.

It is the expectation that these structures are used regularly and frequently and therefore become second nature to the children. This will not only improve standards but more importantly will give the children a voice placing them at the centre of their learning.

### **Assessment and Monitoring**

The subject will be monitored and evaluated by the Sports Coach, co-ordinator and class teacher. Information of a child’s progress, strengths and weaknesses are observed and identified during lessons and the progress made by each child is recorded against the learning objectives for those specific lessons. The progress of children’s development in PE is also recorded using the school’s Online Tracker System (SPTO).

As part of the learning process children will discuss with their peers or a relevant adult the outcomes of their learning, its merits and the ways in which it can still be improved.

This will be done on a regular basis and will involve:

- Children’s conversations to help determine whether success criteria has been met.
- Conversations with teaching staff to help determine whether success criteria has been met.

All of the above will support and amplify school’s formal assessment procedures.

Forms of evidence include collecting photographs, assessment grids and notes made by the Sports Coach and Class Teacher or Learning Support. Evidence should be monitored by the Coordinator.

## **Resources**

Ryders Green has two indoor halls and a new, large AstroTurf playing field. We also have a well resourced PE store with equipment appropriate for all ages, portable football and gymnastics equipment. Equipment is checked regularly and stock is replaced as often as budget allows. All staff have access to equipment and can rely on advice when needed from the coordinator.

## **Inclusion**

As is stated in the national curriculum all activities should be planned with the inclusion of all children in mind. If a programme needs to be adapted then the Sports Coach and/or Class Teacher in charge will do this in consultation with any learning support the child may have and the SENCO if appropriate.

### **The West Bromwich Albion Foundation an Inclusion Project**

We also work with The West Bromwich Albion Foundation an Inclusion Project. This is a team of sports coaches from an outside agency working with children in school with disabilities and/or learning difficulties children who have not engaged in more traditional learning and sporting environments; enabling them to re-engage in positive, self-esteeming and confidence building activities.

### **Relax Kids**

Relax kids allows access to individual sessions of occupational therapy to address sensory integration issues. Relax kids sessions also help to develop individual sensory integration and motor skills development and are effective programmes that are delivered by Relax Kids mentors.

## **Health and Safety**

Our teachers are fully aware that the safety of children in lessons is of paramount importance. It should be noted that in case of an emergency phones are located within a short distance of all PE lesson locations and First Aid boxes are available. Mostly all support staff are qualified First Aiders if required. All children and staff must wear appropriate clothing and footwear during PE lessons. Asthma inhalers and other medication must be taken to the hall or local swimming pool.

## **Out of School Hours and School Based Extra Curricular Clubs**

We are fortunate to have a range of sporting clubs on offer to the children throughout the year provided by Teachers and the School Sports Coach. Every club meets regularly each week.

Ryders green provide an extremely wide variety of After Schools clubs that are provided by Teachers and the School Sports Coach. Every club meets regularly every week. Our aim is to raise levels of engagement and enjoyment and provide opportunity for our children to take part in a range of different sporting activities.

The numbers of pupils attending after school clubs have increased and continue to grow for specific sporting after school clubs

Pupils clearly stated in a recent questionnaire that they enjoyed the after school sports clubs. There is always a high demand / waiting list for children to take part in particular sports clubs such as football club and multi skills.

## **School Competitions and Tournaments - Increased participation in competitive sport**

Organising and participating in competitive sporting activities has increased the opportunities for our pupils to experience competitive events and 'sporting behaviours' when winning or losing.

It has positively encouraged competitive sport not only with other pupils and peers within the school, but also with other primary schools and children in the area.

The children at Ryders Green are generally very enthusiastic to participate in sport and P.E.

Plans have been put into place to organise a number of afternoon sessions of Mini Boccia/Kurling event at The Westminster School for SEN children at our school to join with other children of similar learning needs. We intend throughout this year to encourage participation and achievement in all of the events organised.