

WEEK 1

01

Create a journal with your child to record each days activity. They can decorate the front page.

02

Take a bowl outside and collect rocks. Bring them inside (or stay outside if weather allows!) to paint. You can make flower designs, monsters etc.

03

Design and make fairy/elf house. Draw it out first and then make it with various craft materials (loo roll?).

04

Make some ecards and send them to people to help them from feeling lonely.

05

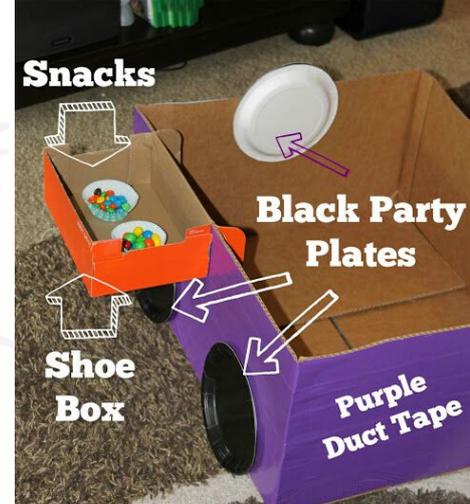
Create tic-tac-toe game on the ground with tape, string, or chalk and use a ball or frisbee to play.

06

Bake Cookies and enjoy a play-date over Skype (equivalent) with a friend and their kids.

07

Movie Day. Give yourself a big long break and watch a movie. Older children could prepare a Movie Night Indoor Drive in. (Do this anyday to keep your sanity)



WEEK 2

08

Set up a tent or a fort inside the house or in the garden. Then, let the children play.



12

Take a large bowl outside and collect pine cones, leaves, sticks etc. Paint the pine cones and attach the sticks to create flowers.

09

Make your own garden safari. Hide animal toys / printed photos for the children to find



13

Create a story. For inspiration, write a story about one of the characters on this page!



10

Print off a nature scavenger hunt or a colour nature scavenger hunt from online and go exploring



14

Break Day. Connect with a friend over the phone while the kids entertain themselves or watch a TV show/film.

11

Have a picnic lunch in the garden / inside. Invite favourite Teddy Bears, or set up Facetime with friends



WEEK 3

15

Garden Art
Have a look at this website for indoor & outdoor Garden Art activities

<https://www.thesprucecrafts.com/simple-kids-gardening-crafts-4146962>

16

Surprise food creation. Let your kids create a food dish on their own with whatever foods they want to mix together.

17

Go outside to collect leaves, flowers, sticks, etc. Go inside to make a nature cutting tray where kids cut. After they can make a craft.

18

Collect nature items like twigs, pine cones, flowers etc and make nature crowns! Or make crowns out of paper at home.

19

Photo Fun. Go outside and take only 10 photos. Print the photos off and attach them to your journal. Then, write about why you chose the photos.

20

Set up garden geocaching. Create your own trail using a QR code generator. Lots of QR Code Scavenger Hunts Online. Example tutorial here:

<https://blog.beaconstac.com/2019/07/design-a-scavenger-hunt-with-qr-codes-without-an-app-stepwise-guide/>

21

Kitchen utensil bubble wands. Go through a kitchen drawer and collect slotted spoons, fly swatters, spatulas, and anything else that has holes to make bubbles. Make your own bubble solution and then head out to see which utensil creates the best bubbles!



WEEK 4

22

Plant something. Whether you use seeds, cuttings, veg tops or fully grown plants moved from somewhere else in the garden. This activity will provide enjoyment for months to come as you check back & monitor progress of your plants.

23

Organise the garden for a family Sports Day.

24

Make a variety of paper aeroplanes. Then go out side and see which ones fly farthest.

25

Play a Board game or build a puzzle. Or, design and create a board game of your own to play.

26

Make mandalas. This relaxing activity is the perfect end to a busy day of playing and involves simply collecting the different 'ingredients' and then creating your mandala on the ground. There are no rules so don't worry about what should or shouldn't be included.

27

Go on a back garden bug hunt or bird watching adventure.

28

Make a mobile. Not the kind that needs wifi and four bars... the kind that blows in the wind, produces the sounds of nature and looks beautiful.

