

Week 10

Nursery Half Term

Week commencing 25.5.20

Home learning



Hello,

I hope you and your families are keeping safe and happy!

Please find attached a few activities/life skills to keep trying. They will really help your child to be independent for when they start Reception/school or for when they return to Nursery.

<p><u>Going to the toilet</u> Support your child to be confident about getting to the toilet in time and wiping properly, using toilet paper rather than moist wipes. Do you have a different phrase for going to the toilet at home? Letting the class teacher know what this is will ensure they understand what your child is trying to ask.</p>	<p><u>Washing their hands</u> Chat about the importance of good handwashing with soap and water, especially after going to the toilet or handling animals. A good way of showing how germs can linger is to let your child cover their hands in paint (pretend germs!) and then try to wash it all off.</p>	<p><u>Dressing and undressing</u> Let your child practice putting on their school clothes, taking them off and folding them neatly in preparation for PE lessons, especially if there are fiddly fastenings such as shirt buttons and zips. Clothes with elastic bands and shoes with Velcro are easier to handle for young children. Teach your child tricks such as putting labels at the back, holding cuffs to stop sleeves riding up, and wrinkling tights to put toes in first.</p>	<p><u>Feeding themselves</u> Children having school dinners need to be able to use a full-sized knife and fork and carry a plate or tray. If your child is taking a lunchbox, make sure they can open it as well as any containers and packets inside.</p>	<p><u>Using a tissue</u> Introduce your child to the routine of 'catch it, bin it, kill it' - catching their sneeze or runny nose in a tissue, putting it in the bin straightaway, then washing hands to kill germs. Some children find nose-blowing difficult, so play games to practise nose control - blowing a feather into the air for example.</p>
<p><u>Tidying up</u> Get your child into the habit of hanging their coat up, putting their toys away, clearing the table, and so on, to prepare them for doing these things at school. Why not turn it into a game? Many schools use a piece of music to indicate tidy up time and motivate children to help. Try this at home and ask which song your child would like. 'Mission Impossible' is a popular one!</p>	<p><u>Recognising name</u> Practice recognising your child's first name when it is written down. Have a few other names of family member or friends written down and see if they can only find their own name. Hide these names around the house and get your child to find their name.</p>	<p><u>Colouring in and colour choice</u> Choose a colouring in to do. Practice colouring in carefully within the lines. Name the colours as you use them and use the correct colour for a purpose e.g. colour in a tree green rather than pink.</p>	<p><u>Counting to 10/20</u> Practice counting from 0 -10 or extend to 20 if 10 is too easy. Listen to number songs and sing number songs.</p>	<p><u>Drawing faces</u> Practice drawing your own face or faces of people you know. Include lots of detail such as all of the face features including eyebrows and eyelashes. Colour them in using the correct colour for hair, eyes and skin tone.</p>