



Ryders Green Primary School

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Contactus@rydersgreen.sandwell.sch.uk

You only need to self-isolate if:

- you have any symptoms of COVID-19 (a high temperature, a new continuous cough, or a loss or change to your sense of smell and/or taste)
- you test positive for the COVID-19 virus even if you have isolated before
- you live with someone who has symptoms, is waiting for a test result or has tested positive

If you have any questions and you would like to speak to Public Health England please contact them on wm.2019CoV@phe.gov.uk or call them on 0344 225 3560 option 0 option 2. The phone lines are available between 10am and 4pm Saturday and Sunday and 9-17 on weekdays. You can also find more information at <https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

Yours faithfully

Miss L Blackmore
Head Teacher

